



**CALL OR E-MAIL  
PARENTING PLUS  
NOW**

**12 Sessions with  
the parenting information YOU need to know!**

**Parenting Plus offers free parenting classes for  
parents with mental illnesses or mental health issues.**

**Classes meet weekly on Wednesdays  
from 10 am to 12:00 pm**

Refreshments served. SEPTA tokens available.

Call Gina Caruso, Coordinator at 267-507-3872 or  
e-mail [gcaruso@mhasp.org](mailto:gcaruso@mhasp.org) with any questions or  
for more information

**Call NOW to secure your place  
in our Class beginning  
February 1, 2012**

Parenting Plus is part of the Mental Health Association of  
Southeastern PA  
1211 Chestnut St Philadelphia PA 19107