

# The PA Family Network

**Vision for Equality's PA Family Network is part of Pennsylvania's Community of Practice: Supporting Families Throughout the Lifespan.**

PA Family Network Family Advisors are located across Pennsylvania and are all people with disabilities or family members. Through our peer-peer workshops, mentoring services, and systems navigation we help families learn what they need to know and do, across the lifespan, to develop the supports and services needed to achieve an Everyday Life for the WHOLE family. At the PA Family Network we define "Family" as the person with an intellectual/developmental disability and/or autism, their family, and those thought of as family.

## **Family/Individual and Team Mentoring:**

- Meet with a Family Advisor or Family Advisor Team (a family member and self-advocate together)
- We can meet with you as a family, individual, small group of families, or with your support team
- We can help plan, problem solve, and create a plan using the LifeCourse Framework and tools
- Prepare for Individual Support Plan (ISP) & Individualized Education Plan (IEP) Meetings
- Mentoring is also available to medically complex families, (Adult) Sibling to Sibling, and in Spanish

## **Workshops:**

- Our workshops focus on the needs of the WHOLE family.
- Informational opportunities on the LifeCourse Framework and tools, safety, relationships, transitions across the lifespan, the Office of Developmental Programs Waiver system, and Community Engagement.
- Workshops are delivered virtually and are offered on a rotating basis
- All workshops are also offered in Spanish and for siblings by siblings. Visit our website to see our calendar and to register for an event- [www.visionforequality.org/events](http://www.visionforequality.org/events)

## **Community Engagement:**

In the wake of the COVID-19 pandemic and for a limited time, we're offering a host of workshops, summits, and other learning opportunities geared towards helping families and individuals re-engage with their communities. Every three months, we will focus on a new topic. All workshops are presented by a Family Advisor Team meaning a person with disabilities and a family member. These workshops are peer-to-peer and geared toward the WHOLE family.

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The PA Family Network is a statewide peer-peer support that is offered at no cost to people with Intellectual and/or Developmental Disabilities, and Autism and their families. To speak with a Family Advisor or Family Advisor Team, register for an event, or for more information please call or email us using the information below.



**Call: 1-844-PA-Family**  
**Email: [PaFamilyNetwork@visionforequality.org](mailto:PaFamilyNetwork@visionforequality.org)**  
**Social media: @PaFamilyNetwork on all platforms**  
**[www.visionforequality.org/pa-family-network](http://www.visionforequality.org/pa-family-network)**



**#PAFamilyNetwork**